

YOU ARE PROVIDING LIFE-CHANGING LIFE-SKILLS

Travis, a Care Corps client, entered the shelter not expecting assistance from staff who truly care. Travis was chronically homeless for years and was only expecting this to be another "30 day stay" with no successful ending. Genuine care is the one thing Travis said was different at Care Corps compared to numerous stays in the past at other homeless shelters.

When Travis entered the shelter, he was very forthcoming that although he had sufficient money, he did not know how to manage his money. This was the main focus with case management during his time in the shelter. Travis proved to be very helpful throughout his stay.

Travis successfully moved into his own apartment before reaching 30 days at the shelter and, now, uses Care Corps aftercare to continue working on improving life skills and

budgeting. He believes relationships with Care Corps staff and knowing they truly care is what changed his life. Travis plans to volunteer to give back in the future.



You are changing the lives of people like Travis who just need a little bit of help. A helping hand, gentle guidance, and a little bit of advice can go a long way! **Thank you for caring about the Travis's in our community!**

An envelope is enclosed to contribute to life skills and case management for the homeless in our community!

You can help out Care Corps by shopping!



SHOP AMAZON SMILE

While shopping on Amazon, shop at smile.amazon.com (same as Amazon) and designate Care Corps as your organization to support. Don't worry, your prime, free shipping still works and .5% of your purchase will come back to Care Corps!



Do you get your groceries at Baker's?

While using your Baker's Card, you can designate for a portion of the proceeds to go to Care Corps! Visit bakersplus.com/account/enrollCommunityRewardsNow

Do you want to learn more about Care Corps? >>>

If your church, business, or service organization is interested in hearing more about Care Corps or poverty in our community, reach out to Morgan at 402-721-3125 to schedule a presentation.



Stay updated on the latest at [facebook.com/CareCorpsFamilyServices](https://www.facebook.com/CareCorpsFamilyServices)



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FAMILY SERVICES

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>>>Charity Classic THANK YOU TO ALL WHO PARTICIPATED!

>>>08/19/2017 RUN FOR SHELTER register @ getmeregisetored.com and search for Run for Shelter

>>>Nov. & Dec. ANNUAL "READY TO ROLL" TOILET PAPER DRIVE



Care Corps chronicles

Summer 2017

CARE CORPS FAMILY SERVICES | SERVING HOMELESS AND NEAR HOMELESS FOR OVER 20 YEARS

THROUGH YOUR SUPPORT, MAN OFFERED LIFE CHANGING OPPORTUNITY NEW PROGRAM SPARKS HOPE IN CLIENT

There was a new opportunity for Care Corps as a vacant staff position allowed time to reevaluate how to best fill the job. Careful thought and planning led to the creation of a program that focuses on

However, Bryan's journey began long before the creation of the new program.

Bryan was raised in Nebraska, lived a short time in California, and returned to Fremont for the majority of

Bryan's drinking eventually led to losing his home and finding himself at Care Corps; reaching the lowest point in his life.

This is where your support plays an important role. Through your financial partnership, Care Corps surrounded him in services so he was empowered to make the choice to stop drinking and thrive. Bryan maintained sobriety, secured a temporary job, worked on his housing plan, and continued his path to independence.

Tera, Care Corps' Executive Director describes the inception of the new Journey Program, "As Care Corps realized the deep need for aftercare, we realized we should offer a new program that empowers our program participants to work here, at Care Corps. This led to the creation of a new internal program."

Aftercare for program participants is one way Care Corps works to support individuals and families as they transition from the emergency shelter to independence and self-sufficiency.

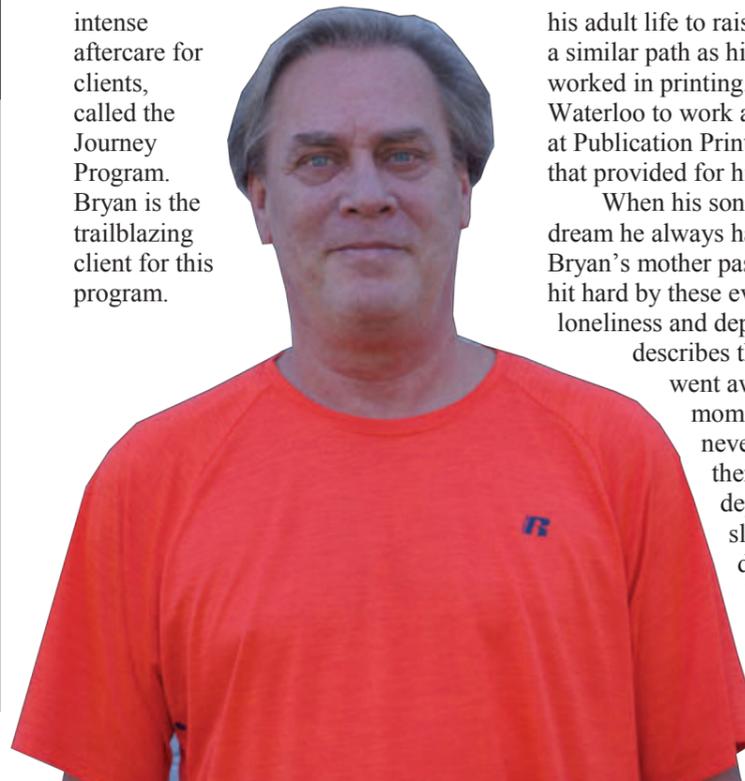
Through the Journey Program, Care Corps employs a past shelter client to work the night shift at the shelter and in return lives in the onsite apartment rent free for ninety days, and then pays the market equivalent in rent

CONTINUED INSIDE

"It is a great opportunity to prepare people for success once outside of the shelter...we could not run this program without the community's support."

—Tera Kucera, Care Corps' Executive Director

intense aftercare for clients, called the Journey Program. Bryan is the trailblazing client for this program.



his adult life to raise his son. Following a similar path as his father, Bryan worked in printing. He commuted to Waterloo to work as a binder and mailer at Publication Printing; a consistent job that provided for him and his son.

When his son went to college, a dream he always had for his son, Bryan's mother passed away. Bryan was hit hard by these events, which led to loneliness and depression. Bryan describes this situation, "My son went away to college and my mom passed away, and I never really drank up until then. I went into a depression, stopped sleeping, started drinking, and realized I was an alcoholic."

YOU CAN DONATE AT CARE-CORPS.ORG

YOUR SUPPORT MAKES ALL THE DIFFERENCE

Cover Story Continued >>>

and earns a living wage. This provides not only job training and job history, but also rental history. The program runs between twenty four and thirty six months, depending on the individual in the program.

Tera shares about the program's beginning, "We opened the job and offered it to all shelter program participants at the time. The Care Corps team interviewed all who applied, and unanimously felt Bryan was the best fit

explains the impact of this program, "Care Corps was a great experience for me. Getting this job and a place in the program is even better!"

The Journey Program participant is responsible for night shift duties including: monitoring the building throughout the night, cleaning, keeping a log of all activities, performing intakes, and completing laundry. Tera describes Bryan's success in this role, "He's truly thriving. He's continually taking on new

gave me the chance to get sober. That was the biggest thing. And a job. The two things I needed more than anything." Now, Bryan has a dream, plan, and the hope to become a CNA.

Tera explains the importance of the Journey Program, "It is a great opportunity to prepare people for success once outside of the shelter and after program graduation. We could not run this program without the community's support."

The Journey Program is a great launching pad for individuals to gain the job skills and rental history they need to be successful upon program completion. However, without your financial support, Care Corps would not be able to advocate for Bryan, train him with job skills, provide an affordable place to live, and continue the Journey Program. Thank you for your ongoing support!

Only through your partnership is it possible for the homeless and near homeless in Fremont to learn life skills and gain employment so they are empowered to live independent lives. Make a financial contribution today to continue changing lives!

For individuals and families to move beyond homelessness, it requires perseverance, your support, and a strong desire for change.

for the program."

For individuals and families to move beyond homelessness, it requires perseverance, your support, and a strong desire for change. It is oftentimes a long journey with hiccups, hardships, and victories along the way. This is just one more way you offer support to homeless individuals in the Fremont community.

For Bryan, the journey to independence was no different. Bryan

responsibility."

Journey Program participants receive all services shelter clients receive, such as case management, therapy, and life skills classes. Their case manager ensures they gain the skills they need to be self-sufficient and successful once they complete the program.

Bryan shares his experience at Care Corps as an emergency shelter client and Journey Program participant, "Care Corps

HAVE YOU EVER WONDERED, WHAT IS CASE MANAGEMENT?

Care Corps often receives this questions. Simply put, case management is advocacy, support, and relationship building. Jessica Timm is Care Corps' Director of Housing and Case Management.

Jessica manages a case load of 16 Care Corps clients, multiple community response clients (families with children near homelessness), as well as, supervises three other case manag-

ers, who each have between 15-20 individuals or families in their case load.

Beginning her day, Jessica examines the daily charts to ensure all new clients are scheduled with a case manager. She facilitates daily updates with other case managers. These meetings involve brainstorming ways to help clients into houses or apartments and ensuring clients get the resources they need. Jessica explains that she "guides the case managers on how to best provide services" during these meetings.

Throughout the day, Jessica manages grant outcomes, interacts with land lords, searches for apartments, enters data into Care Corps' Homeless Management Information System, lines up appointments for clients at doctor's offices or other agencies, and inspects apartments, to name a few.

Some other tasks that are on a weekly or monthly basis include teaching Rent Wise (a life skills class), participating in Fremont Family Coalition, and leading a landlord association in Fremont. She meets with all clients at least once a week and each meeting is 30-90 minutes. There are a few she sees every other week if

they have a sustainable plan and are working. Throughout meetings with clients she teaches life skills and offers guidance for job and housing options.

Jessica explains why she enjoys her job, "Every day is different; I enjoy the continuous challenges and troubleshooting problems. I like

Jessica realizes the necessity we have for you, our supporter, to truly change a person's life.

that at Care Corps you can see the long term success and change in people's lives through the housing programs."

Seeing the long-term success motivates her to continue. Even when she is struggling with how to best help a client, she celebrates the small successes along the way, because they lead to the long-term successes. Jessica realizes the necessity we have for you, our supporter, to truly change a person's life.

YOU ARE CHANGING LIVES >>>

GREETINGS, FRIENDS IN THE FIGHT TO END HOMELESSNESS,

You are the reason we are able to serve individuals like Bryan, and form new, dynamic programs that directly meet the needs of clients. Without your support, Bryan would not have had the option to stay at Care Corps and receive the support he needed to become sober and create new dreams for his future.

Each meal provided, donation made, and hygiene product dropped off directly benefits program participants like Bryan. Care Corps is incredibly grateful for you. You make all services and programs possible. You di-

rectly change the lives of Care Corps clients!

Care Corps is constantly amazed by your generosity and compassion for those struggling in our community. We saw this through the Fremont Area Big Give, monthly giving commitments, and local business support.

We hope you will continue to partner with us. You are one of the main reasons homeless and near homeless individuals' lives are transformed. On behalf of all program participants, Care Corps asks for your continued support.

Sincerely,

TERA KUCERA
Executive Director



We have included an envelope for any donation you would like to make. Thank you for all you do for the homeless and near homeless in our community!



Thank you for supporting Care Corps during the first Fremont Area Big Give!

Because of your generosity, Care Corps was able to raise over \$13,000 during the Fremont Area Big Give! We cannot thank you enough for your support! You truly care about those struggling in our community. Thank you for donating online and picking up your phone during our Telethon! Also, thank you to the Fremont Area Community Foundation for hosting this fun day!



ask the Corps >>>

Q: HOW MANY CLIENTS LIVE IN OFF SITE HOUSING?

A: Through your incredible support, Care Corps has 42 individuals and families living in offsite housing.



Case managers work to assess and place individuals and families into houses, apartments, and programs that best meet their needs! Through Permanent Supportive Housing, Transitional Housing, and Rapid ReHousing, Care Corps is able to ensure safe housing for many individuals and families once they leave the shelter. For some housing programs, Care Corps provides 20% match. You can help us fill this need with a financial donation!



A BIG thanks to Katie the Comfort Dog!

Katie comes to the shelter once a week to spend time with the shelter residents. We are grateful for Katie and all of her handlers! Not only does Katie visit weekly, Katie also donated hygiene products for her third birthday!

